

1 days / 0 nights

Sunset Yoga at Lake Vico

An Experience of Yoga, Light Trekking, and Nature Discovery



Price on Request

SKU: PARTNER00106

 Availability on Request

 Group

 Round trip

 Yoga

 1 giorni

 4 hours

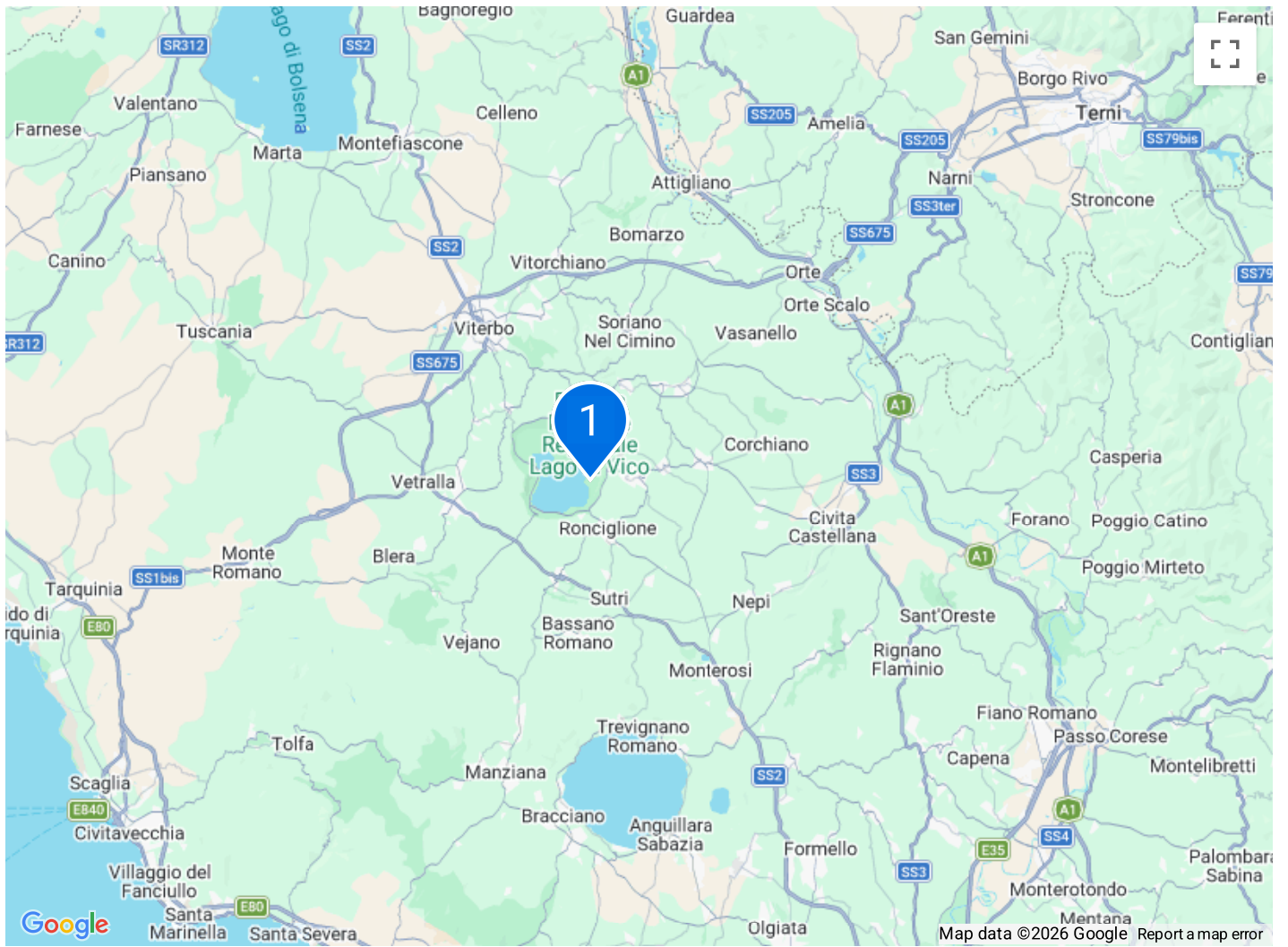
 **Easy**

 Operated by **Samuele Giancarlini**

Tour Overview

Sunset Yoga at Lake Vico: light trekking, guided Hatha Yoga at sunset, and a nature discovery experience around Lake Vico and the Cimini Mountains. A unique combination of wellness and sustainable tourism immersed in nature.

 More information regarding the time and meeting point for the first/last day will be provided after the booking.



Itinerary

Travel Notes

Lago di Vico

Our wellness and nature journey begins with the meeting at 6:45 PM at Spiaggia Libera Bella Venere, Lake Vico, 01032 Caprarola (VT). The departure is scheduled for 7:00 PM. After a brief welcome, we will set off on a pleasant, easy trekking route along the panoramic trails that run alongside Lake Vico. Along the way, we will explore the volcanic origins of the lake, the rich local biodiversity, and the unique natural features of this pristine ecosystem, surrounded by the scents and colors of the Cimini Mountains. Once we reach a beautiful clearing overlooking the lake, we will experience the magic of the sunset with a guided Hatha Yoga session, designed to relax both body and mind in deep connection with the surrounding nature. The experience will conclude with the return to the starting point, embraced by the peaceful evening atmosphere of Lake Vico, wrapping up a rejuvenating day dedicated to wellness, sustainable tourism, and authentic connection with the environment.

Duration:

Accommodation: Lago di Vico



Supplements

Basic insurance (see terms and conditions)




Corresponds to 2.50% of the full participation fee, per person (terms and conditions, available only for residents of Italy).

[Download insurance details.](#)

Price and discount rooms




Triple Room

Third place is entitled to:




-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

What's included

-  Phone assistance
-  Tour Operator Guarantees
-  Guide

What you will visit

-  Lago di Vico

To know

✓ How to get there

By car: Exit A1/E35 highway at Orte

By train: Viterbo Porta Fiorentina train station

By plane: Rome Fiumicino and Ciampino airports

✓ Features of the trip

Open to all nature enthusiasts, the route is easy and suitable for those who want to enjoy a walk without technical difficulties. It is important to wear comfortable, season-appropriate clothing and lightweight hiking shoes to ensure stability and comfort. We recommend bringing a light backpack with water, light snacks, and a yoga mat. A sweater or fleece jacket is useful in the evening to stay warm. The excursion is led by local experts to ensure a safe and unforgettable experience.

✓ General travel information

Please remember to bring a valid ID (identity card or passport) with at least 6 months of remaining validity. The itinerary may undergo slight changes before and/or during the trip depending on local conditions.

✓ Currency

Euro

✓ Vaccinations

No

✓ Documents and visas

ID Card, Passport

✓ Emergency numbers

Emergency number: 112

✓ Electrical sockets

220v

Level of difficulty of the experiences

📊 **Difficult**

📊 **Medium**

📊 **Easy**

📊 **Hard**

Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!