

10 days / 9 nights

Journey to the Heart of Sri Lanka

Guided Tour through Temples, Villages, and Landscapes



Price on Request

SKU: PARTNER00122

 Availability on Request

 Group  Itinerant

 Multi-Activity  10 giorni

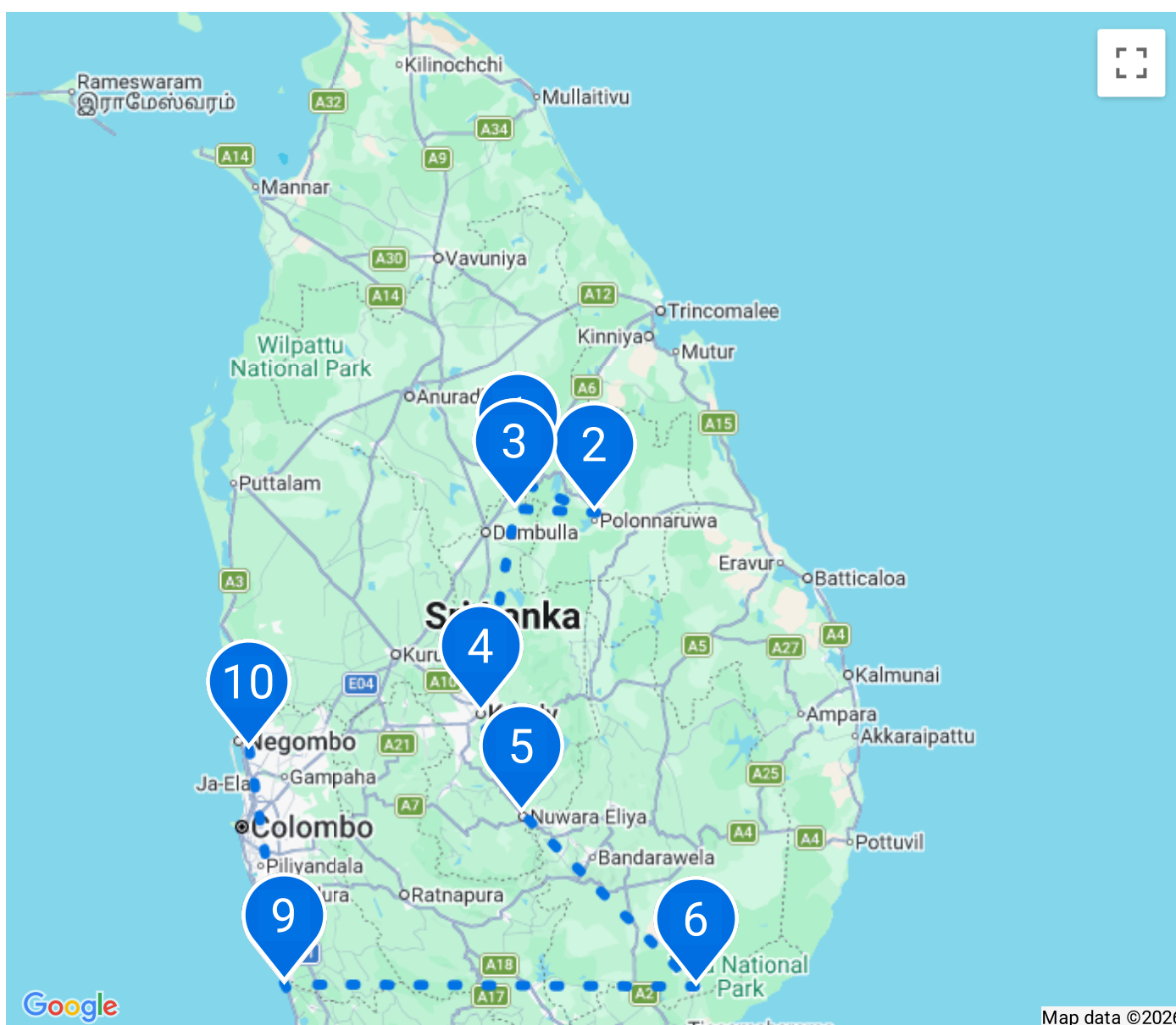
 40 hours  **Easy**

 Operated by **Alessandro Poggi**

Tour Overview

The tour takes you through Polonnaruwa and Sigiriya, where you'll admire ancient statues, frescoes, and sacred temples such as the Temple of the Tooth in Kandy. You'll experience daily life in local villages, participate in religious ceremonies, and observe traditional craftsmanship, with opportunities to taste local dishes and share moments with the community. With private transfers, an Italian-speaking local guide, an accompanying host from Italy, and comfortable accommodations, the journey ensures support and convenience throughout the entire itinerary.

 More information regarding the time and meeting point for the first/last day will be provided after the booking.



Itinerary

Travel Notes

 DAY 1

Departure

Habarana

Upon arrival at Colombo International Airport, you will be welcomed by one of our local representatives, who will transfer you by private vehicle to Habarana. There, you can check in and relax at the hotel, which features a beautiful swimming pool. Dinner and overnight stay at the hotel.

Duration:

Accommodation: Habarana



Polonnaruwa

Breakfast at the hotel. In the morning, we will visit the ancient city of Polonnaruwa, the capital of Sri Lanka from the 11th to the 13th century AD. You will discover statues and magnificent temples, including Vatadage, Lankatilake, Thuparama, Tivanka, and Gal Vihare. Polonnaruwa is one of the best-preserved archaeological sites in the world, a UNESCO World Heritage Site, and part of the legendary Cultural Triangle. Lunch will be at Pumaligedara, a family-run restaurant involving many local villagers, offering a wide selection of dishes prepared in a traditional style in terracotta containers over a wood fire. Here, we can taste local specialties and observe how these unique dishes are made. Return to the hotel, dinner, and overnight stay at the hotel.

Duration:

Accommodation: Polonnaruwa



Sigiriya

Breakfast at the hotel. Early in the morning, we will climb Sigiriya, known as the Lion Rock, which rises 150 meters high. At the top, you can see the foundations and remains of the royal palace and gardens. During the ascent, in a small rock alcove, you can admire ancient restored frescoes. Before lunch, we will have the opportunity to fish on Kandalama Lake from a local boat; upon arrival, a picnic with traditional local dishes will be prepared, and we can grill the freshly caught fish together with the locals. This experience is not tourist-oriented and is reserved for our travelers as part of a community support project. In the afternoon, return to the hotel and relax by the pool. Dinner and overnight stay at the hotel.

Duration:

Accommodation: Sigiriya



Kandy

Breakfast at the hotel. Transfer to Kandy, a UNESCO World Heritage city considered the most sacred place in Buddhism due to the Temple of the Tooth (“Dalada Maligawa”). Along the way, we will visit the Dambulla Caves, featuring 80 caves decorated with statues and paintings depicting Buddha and his life. We will also stop at a spice garden to learn the basics of Ayurvedic medicine. In the late afternoon, we will attend a performance of traditional folk and acrobatic dances, typical of major festivals such as the Esala Perahera in August. Dinner and overnight stay at the hotel in Kandy.

Duration:

Accommodation: Kandy



Nuwara Eliya

Breakfast at the hotel. After breakfast, we will begin our journey to Nuwara Eliya, known as “Little England,” nestled among valleys, waterfalls, and tea plantations. Along the way, we will admire the Rawana Falls and visit a tea plantation and factory to learn about the process from leaf harvesting to the finished product. Before leaving Kandy, we will visit a batik workshop, an ancient technique for coloring fabrics that protects the areas not to be dyed using wax or other waterproofing materials. Dinner and overnight stay at the hotel.

Duration:

Accommodation: Nuwara Eliya



Kataragama

Breakfast at the hotel. We will take a walk through the streets of Nuwara Eliya, noticing the influence of British colonial rule and the charming cottage-style buildings. Then, we will take a local train to reach Ella, a town in the heart of the Hill Country, surrounded by breathtaking landscapes. The journey will continue to Kataragama, not far from Yala National Park. Along the way, we will stop at Ramboda Falls. In the late afternoon, we will visit Kataragama, a sacred city for Buddhists, Hindus, Muslims, and the Vedda people. We will have the opportunity to attend a ceremony and receive a blessing for our endeavors. Dinner and overnight stay at the hotel.

Duration:

Accommodation: Kataragama



Bentota

Breakfast at the hotel. Our itinerary will take us to Bentota, a coastal town on the southwest coast. We will stop for lunch at a local seafood restaurant. Along the way, we will visit the fortress of Galle, built by the Portuguese and later fortified by the Dutch. Arrival at the hotel in Bentota and check-in. Dinner and overnight stay at the hotel.

Duration:

Accommodation: Bentota



Bentota

Breakfast at the hotel. Free day to relax and enjoy the beautiful beach of Bentota or take part in optional activities available in the area. Dinner and overnight stay at the hotel.

Duration:

Accommodation: Bentota



Bentota

Breakfast at the hotel. Another free day to continue relaxing on the beach or explore the surrounding area. Dinner and overnight stay at the hotel.

Duration:

Accommodation: Bentota



Colombo

Breakfast at the hotel. Free morning for relaxation or a final stroll. Private transfer to Colombo International Airport for your return flight to Italy. Dinner and overnight stay at the hotel.

Duration:

Accommodation: Colombo



Supplements

Cancellation Insurance (see terms and conditions)




Corresponds to 5.00% of the full participation fee, per person (terms and conditions, available only for residents in Italy). By choosing cancellation insurance, you will have to pay the full amount of the order at checkout.

[Download insurance details.](#)

Price and discount rooms




Triple Room

Third place is entitled to:

-  60% discount if occupied by a child
-  40% discount if occupied by a child
-  10% discount if occupied by an extra adult

Quadruple Room

The two additional seats are entitled to:

-  60% discount for each child
-  40% discount for every child
-  10% discount for each extra adult

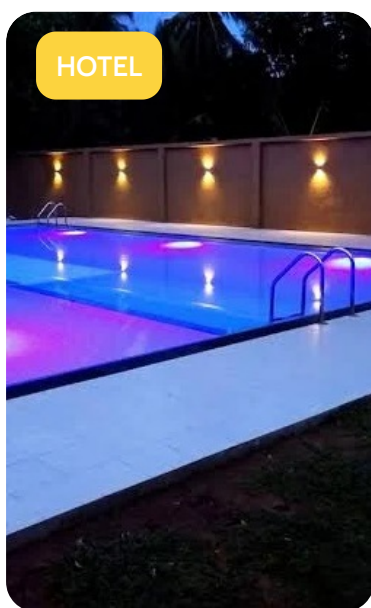
What's included

- ✓ 9 Dinners (without drinks)
- ✓ Experienced tour leader from Italy
- ✓ Basic Insurance (see terms and conditions)
- ✓ Third-class train ticket
- ✓ Breakfast
- ✓ Italian-speaking guide
- ✓ Overnight stay in a Double Room
- ✓ Stay in a 3-star establishment or similar
- ✓ Sri Lanka visa
- ✓ Intercontinental flight MXP / CMB (Colombo) with 23kg checked baggage

What you will visit

- 📍 Habarana
- 📍 Polonnaruwa
- 📍 Sigiriya
- 📍 Kandy
- 📍 Nuwara Eliya
- 📍 Kataragama
- 📍 Bentota
- 📍 Bentota
- 📍 Bentota
- 📍 Colombo

Accommodation



Habarana



Habarana



Habarana



Kandy



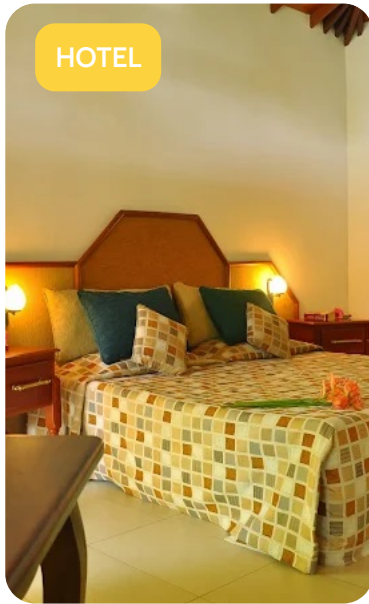
Nuwara Eliya



Kataragama



Bentota



Bentota



Bentota

To know

✓ How to get there

By plane: Bandaranaike International Airport

✓ Features of the trip

Open to travelers of all ages. You can travel independently or in a group, with full support from the agency. On a group holiday, you may meet people from other countries with different habits than your own. On a cycling trip, you might ride alongside both e-bikes and traditional bikes. Please respect everyone's space and enjoy the experience. The tour is organized by local guides and operators, carefully selected for you.

✓ General travel information

Remember to bring a valid passport or ID card, with at least 6 months' validity from the departure date. The itinerary may be subject to changes before and/or during the trip. Please inform us of any food intolerances at the time of booking; we will do our best to accommodate them, but cannot guarantee it. Tourist taxes are to be paid locally.

✓ Currency

Sri Lankan Rupee (LKR)

✓ Vaccinations

No

✓ Documents and visas

A passport with at least 6 months' validity is required. An entry visa is mandatory.

✓ Emergency numbers

+94 777 7488688

✓ Electrical sockets

220 V, 50 Hz

Level of difficulty of the experiences

 **Difficult**

 **Medium**

 **Easy**

 **Hard**

Travel terms and conditions

We invite you to read the documentation regarding the general terms and conditions of sale for travel packages at the following link: [Travel Terms and Conditions](#)

Thank you for choosing our services. Be real. It's Isy!